

# Match the Duration in Hours and Minutes

What is the most suitable duration for the activities?

one and a half hours

80 minutes

2 minutes

half an hour

45 minutes

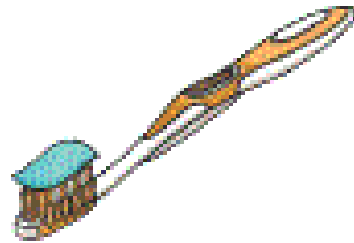
1. Watching a movie at the cinema.



2. Watching a game of NRL football.



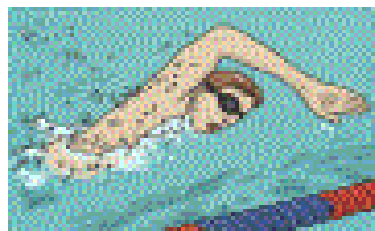
3. Brushing your teeth.



4. Eating your dinner.



5. A swimming lesson.



# What Can You Do in a Second, Minute or Hour?

What can you do in a second?	What can you do in a minute?	What can you do in an hour?

Use the bank of activities below to cut and stick into the table.



blink



brush your hair



watch tv



smile



water a plant



paint a picture



wave



fill a water bottle

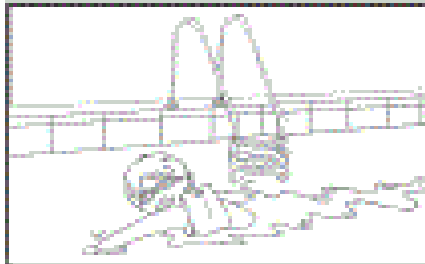


go swimming

# What Takes Longer?



brushing your teeth



a swimming lesson

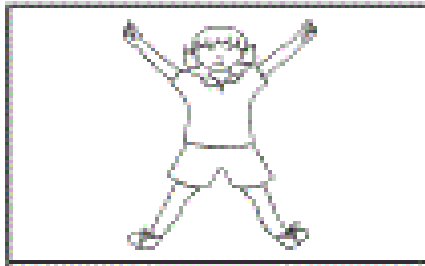
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reading a book

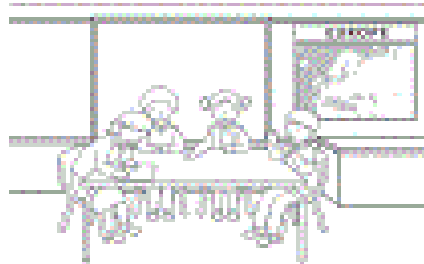


one star jump

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a day at school



eating your dinner

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watching a movie



getting dressed  
for school

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